

SHERWOOD PARK RINGETTE ASSOCIATION

U10 Evaluation Process - 2017-2018

Welcome to the 2017-18 ringette season. SPRA evaluations are conducted in accordance with the evaluations process as stated in Section 11 of the SPRA Guidelines and Procedures Manual. The U10 division is divided into five different levels. They are:

- Active Start 1
- Active Start 2
- U10 Step 1
- U10 Step 2
- U10 Step 3

The U10 division is **not a tiered** division. The different levels within the U10 division have been created so that athletes of varying skill, experience, and readiness can be successful. It recognizes the importance of the athlete as a whole, not just an athlete's chronological age or skill set. This holistic approach is optimal for long-term athlete development. The four considerations when grouping players are:

- Intellectual maturity
- Fine and gross motor skills – skating / ringette
- Social-emotional readiness
- Chronological age

A tiered program would only look at an athlete's ringette skills. The Active Start / Step model recognizes that children do not develop on the same linear curve, nor do they develop on one curve in all four areas. Every child is an individual and therefore will not necessarily progress from one level to the next in a linear fashion. One athlete may repeat a level and another may skip one.

Active Start 1, 2

There is no formal evaluation process at these levels. You will be contacted by your Division Coordinator regarding a parent meeting and the season outline.

U10 Step 1, 2, 3

The evaluation process has two components:

1. The actual Universal Athlete Assessment (UAA), which has four timed drills to assess a player's skating skills in an objective fashion. These timed drills are forward skating, backward skating, start and stop test, and ring agility weave.

2. A series of evaluation game play situations. Each player receives multiple opportunities to demonstrate their skills in homogeneous groups.

Each player may be invited to a practice shinny /practice UAA to familiarize themselves with the process and environment.

SPRA evaluations are conducted in accordance with Section 11 – Evaluations and Team Selection of the SPRA Guidelines and Procedures Manual which can be found on our website under “About Us”.

Frequently Asked Questions (FAQ)

How will the athletes be assessed?

The Universal Athlete Assessment (UAA) at the U10 level is a series of four timed drills, which will be used to place players into appropriate game play groups. A [Ringette Alberta YouTube](#) video details more about the UAA. The video details seven UAA drills; the four modified drills used at the U10 level are: forward skating, backward skating, start and stop, and ring agility weave.

Game play assessment is cumulative and is based on a 5-point scale. Players are evaluated on:

- *Ring Skills = ring movement, receiving, passing, shooting*
- *Effort and Competitiveness = aggressiveness vs. trepidation, team play, attitude, effort*
- *Game Sense = zone awareness (defensive/offensive), creating advantages, player support, marking, transitions, communication*

When will I know my daughter's first ice time?

- *To help you plan your lives, the entire U10 Shinny/Universal [Athlete Assessment Practice and Evaluation Schedule](#) will be available on the [SPRA Website](#) as soon as it is ready. You will be contacted directly about which sessions your daughter should attend.*

Will my daughter always be in the same evaluation group?

Not necessarily. The UAA will determine the starting point for game play evaluation. After each ice time players may be regrouped for subsequent ice times.

How many ice times are in the evaluation process? And timeline.

- 1 shinny/practice UAA session (no evaluations take place)
- 1 UAA testing day
- Step 1: 2 - 3v3 game play sessions
- Step 2 & 3: 2- 5v5 game play sessions

Shinny will begin sometime in September, you will be directly contacted with specific dates as they become available. Teams will be finalized soon after our last evaluation session.

How many Step 1, 2, and 3 teams will SPRA have?

Ringette Alberta has mandated all players to be scored by the Universal Athlete Assessment. All players / associations throughout Alberta will be compared and ranked. Ringette Alberta will determine from the UAA scores how many Step 1, 2, 3 teams each association is required to ice. This will be completed by September 30th. At this time SPRA will finalize coaching assignments and teams for all U10.

How are the teams determined once the evaluations are complete?

*Volunteer coaches are a valuable and **necessary** component of SPRA. We value their time, energy, and commitment. We attempt to assign coaches to teams as quickly as possible; however, we need to ensure that coaches' daughters are placed in the right step before we can determine head coaches.*

Once all evaluations are complete, the U10 Selection Committee will rank all players based on scores from the independent panel of evaluators and UAA scores. Using the rankings, the U10 Director and the Selection Committee will build balanced teams following Ringette Alberta's mandated number of teams to be formed in each step.

The Selection Committee will ensure the following:

1. *Only one head coach/assistant coach request will be permitted.*
2. *Players will be divided into equal and balanced teams by using the rankings from evaluations by the SPRA Selection Committee.*
3. *Player/friend requests will be considered if the players are ranked in the same step providing we can ensure teams remain balanced.*

The teams will be presented to the head coaches for review and finalization.

When will I know who my daughter's coach will be?

Once the teams have been determined, your coach will contact you with your first practice time.

If I have questions, who can I contact?

Please contact the U10/Active Start Director or your Division Coordinator:

Jackie Day – U10 Division Director

Mirielle Sieben – Active Start Director

