

# SPRA Season Kick Off Parent Party!!

September 11th



GARC—Sherwood Park Curling Club Lounge

\$10 per adult 7:30 pm to 1:00 am

Starts at 7:30 pm with Learn to Curl tips with Heather Nedohin and Rona Pasika. Equipment provided if required (broom, grippers and slider). All participants must have clean indoor runners, or curling shoes to be on the playing ice. Strongly encouraged to wear appropriate clothing to allow stretch in the delivery position and to be warm. Stretchy pants like yoga or track pants, layered clothing and gloves. NO butt crack allowed

On Ice— 8:30 pm to 10:30 pm mini 2 end spiel

10:30 pm Hot shot competition

Off Ice— 8:00 pm to 10:30 pm socializing, heckling and games

10:30 pm to 1:00 am—more of the above with music!

This is an adult only social intended to kick off our Ringette season and allow our SPRA Ringette families to meet the SPRA board members, meet some of the coaches and have some ADULT fun.

If you ARE coming, please let Heather know so we have an idea of our numbers for the curling section, or for just the social. Email to [shpkurlingclub@gmail.com](mailto:shpkurlingclub@gmail.com)

Indicate the following: Count ME IN!

Name: David and Heather Nedohin

Curling: Yes (Heather only)

# of curlers—1

Equipment Required: Yes or No

Or

Not Curling - coming for social only

See you there!!